

“Surviving Grief”

Support Group 2020

Hospice of Southern Illinois presents this **FREE** series typically three times a year. It is open to the community but registration is required.

Attendees are asked to attend all six sessions of the support group.

October 12 Introduction to Grief

October 19 Experiences in Grief

October 26 Memories & Remembrances

November 2 Finding Meaning in Your Life

November 9 Coping with the Holidays

November 16 Hope for the Future

Hospice of Southern Illinois
204 Halfway Road, Marion IL 62959
2:00 p.m. – 4:00 p.m.
Register early by calling 618-997-3030
www.hospice.org