

“Surviving Grief”

Support Group

Hospice of Southern Illinois presents this **FREE** series typically three times a year. It is open to the community but registration is required.

Attendees are asked to attend all six sessions of the support group.

- Mar 7 Introduction to Grief
- Mar 14 Experiences in Grief
- Mar 21 Memories & Remembrances
- Mar 28 Finding Meaning in Your Life
- Apr 4 Coping with the Holidays
- Apr 11 Hope for the Future

Hospice of Southern Illinois
204 Halfway Road, Marion IL 62959
2:00 p.m. – 4:00 p.m.
Register early by calling at 618-997-3030
www.hospice.org